## Bike Ride Photos



Ossett Town Hall & precinct (Waymarker 1)



Junction of Wakefield Road & Park Mill Lane (Waymarker 5)



Gawthorpe maypole, High Street (Waymarker 11)



Entrance to Spring Mill Golf Course (Wavmarker 4)



Junction of Park Mill Lane & Batley Road (Waymarker 6)



Bridge over bypass (Waymarker 4)



Entrance to Gawthorpe Lane (Waymarker 10)



# Health Notes

Remember

### **Wakefield District** Cycle Rides

# Ossett, Wrenthorpe & Kirkhamgate

Circular ride in the district's north west



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy



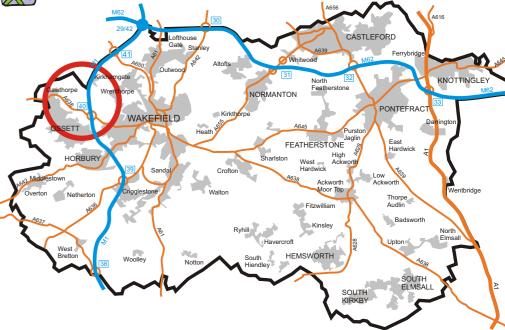
Allow 75 mins



The ride starts and finishes with a ride through some quiet streets in Ossett. The remainder of the ride takes in some pleasant bridleways. There are two quite steep gradients during the middle section.



11.5 km / 7.2 miles

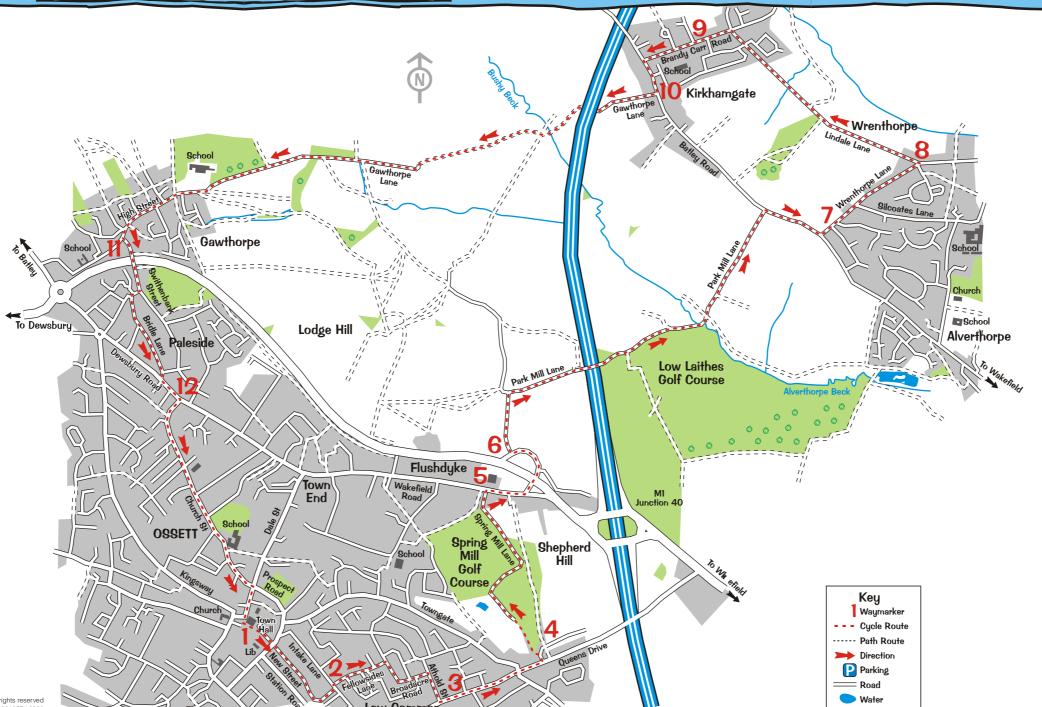


- Starting at the Town Hall cycle from the precinct on New Street, to the junction with Prospect Road. Cross over Prospect Road, to continue down New Street. (Waymarker 1)
- 2 After the left hand bend, turn left into Intake Lane, and immediate right into Fellowsides Lane. Continue along Fellowsides Lane, to the junction with Broadacre Road. Turn right, continuing to the Junction with Athold Street.
- 3 Turn right, and then at the end of Athold Street, turn left into Queens Drive. There is a dedicated cycle lane, from here until the traffic lights.
- 4 100 metres after passing through the traffic lights, turn left onto an unmade car park. This leads onto Spring Mill Lane. (Waymarker 4) Continue along Spring Mill Lane, with the golf course on the left.

#### TAKE CARE on the speed ramps on this section

There are 2 barriers to negotiate along Spring Mill Lane. After the second barrier, the track bends right, past the dog kennels, and then onto Wakefield Road, Flushdyke.

Turn right here, following the main road, over the dual carriageway, and downhill. Almost at the bottom of the hill, turn right into Park Mill Lane. (Waymarker 5)



- 6 Travel the full length of this lane. The first part takes you downhill and over the M1 bridge, and past Low Laithes Golf Club, the second part, after the sharp bend, by a stream, takes you uphill towards Batley Road. Turn right into Batley Road. (Waymarker 6)
- 7 After 200 metres, turn left into Wrenthorpe Lane, cycle up the hill, and soon after bus stop, turn left into Lindale Lane.
- **8** Cycle the full length of Lindale Lane to its junction with Brandy Carr Road.
- **9** Turn left into Brandy Carr Road and continue to the junction of Batley Road, and turn left.
- 10 About 200 metres along Batley Road, turn right into Gawthorpe Lane. (Waymarker 10) This bridleway takes a sharp downhill route, under the M1 motorway, and down to a stream. The remainder is uphill, and into the High Street in Gawthorpe Village.
- 11 Just after the maypole. (Waymarker 11) Turn left into Swithenbank Street and then first right into Bridle Lane. Continue down the Lane until the junction with Dewsbury Road.
- 12 Turn left into Dewsbury Road, and then second right, by the post office into Church Street. Continue down Church Street, to the traffic lights, turn right to return to the Town Hall.

© Crown copyright All rights reserved (Wakefield MDC) Licence No. LA 100019574 2008