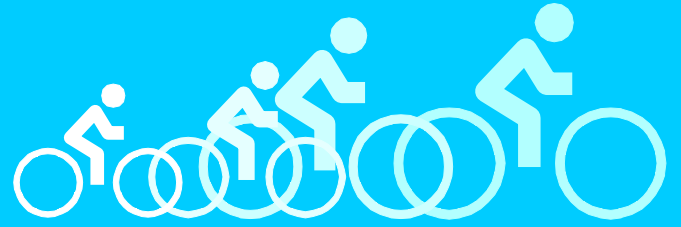


CYCLING Wakefield

Promoting and campaigning for cyclists



Newsletter of Wakefield District Cycle Forum Edition No. 37 | August 2017



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Volunteers Needed

Wakefield District Cycle Forum enters its busy summer holiday season as parents and grandparent look for places to entertain their children without taking out a second mortgage on the family home. As you will see from the article inside our services are called upon nearly every Wednesday and Thursday. Why not come along and help. email info@cycling-wakefield.org.uk

Ride Helpers/Leaders Needed

Our hugely successful rides programme is dependent on our dedicated team of ride leaders and helpers. In the last year we have seen a few of these leaders/helpers reduce or stop their involvement in the rides. So we need to replenish our pool of volunteers.

We do pride ourselves in having trained and experienced volunteers. In order to safeguard the future of our rides we will be running a training course for new leaders/helpers in the Autumn and if you are interested please let us know.

Email info@cycling-wakefield.org.uk

Bike Maintenance Class

Our ever-popular Bike Doctor team will be running a Basic Bike Maintenance Class:

**Sunday 15th October, 1pm till 3pm
Anglers Country Park**

**Booking is essential for this class. To book email:
info@cycling-wakefield.org.uk**

Bike Doctor drop-in sessions continue on the third Sunday of the month (except August).

The coming sessions are:

Sunday 17th September, Anglers Country Park, 11 am till 1 pm

Sunday 15th October, Anglers Country Park, 11 am till 1 pm

Booking is not required for these sessions.



Pathcare by Our Workgroup

This is the fourth year of Wakefield District Cycle Forum workgroup and we now have a regular band of volunteers who help out every first and third Monday of the month. For the first half of this year we decided to concentrate on a section of the TPT which was in need of some serious attention.

Between January and May workdays were spent repairing the section of the TPT between Haw Park Woods and the bridge at Sykes Lane near Walton. Some of this section of the path was in danger of falling into the old Barnsley Canal so a lot of rotting boarding and stakes had to be replaced. Surfaces were also in need of repair.

Materials were provided by the Council, labour by the Cycle Forum.

Over 11 separate days, between 3 and 9 volunteers completed around 230 hours of work.

The workgroup has moved on to other paths for the moment but there is still work to be done on the TPT and it will no doubt return to this later in the year.

Our most recent project is on a bridleway at Went Lane in Wragby which was created by blocking off an old road some years ago. Over the years the road surface has been encroached on by vegetation and was about half the width of the original bridleway. The workgroup has widened the bridleway again uncovering some drainage outlets in the process. The photo shows a new drainage outlet which was dug by Dennis, one of our regular volunteers. Hopefully the flooding that has been a feature of the path most winters is now a thing of the past

If you want to join our workgroup drop us a line at info@cycling-wakefield.org.uk



10th Year Anniversary Event

Sunday 2nd July saw the Cycle Forum start the celebrations of its 10th year. It was a gloriously sunny day and all our volunteers were kept busy all day. There were 114 participants on our skills course, we took two rides and 25 people round the grounds of Nostell, the bike doctor was kept busy and 11 volunteers gave 64 hours of their time to the event. I think the photos tell the story.



Summer Cycle Events

The Cycle Forum's appearance at Nostell Priory every Wednesday during summer school holidays has now become a keenly anticipated event. Kids of all ages love it and it is an excellent way for parents and grandparents to keep their charges occupied in an active and healthy way. And great fun, especially with an ice cream promised as an award at the end of all the exertion.

Why not come along and join in. Better still why not come along and join our jolly bunch of volunteers.

Active Wednesdays at Nostell Priory take place between 11am and 3pm

Activities on offer are:

Cycle skills course
Rides round the woodland cycle trails,
Information, maps and advice.
Bike doctor (at some)
Bring your own bike or borrow one of ours

Active Wednesday take place on:
26 July, 2, 9, 16, 23, 30 August



Village Thursdays

We don't just confine our activities to Nostell and have had many invitations to attend other events. We are limited in our ability to respond given that we depend entirely on volunteer but we are now making it a tradition to attend events in some of the villages in the district. So, as well as Active Wednesdays we now have Village Thursdays.



They take place:

10 August Havercroft 11 – 3

17 August South Kirkby 11 – 3

24 August Portobello 12 – 3

31 August Crofton 11 – 3





**Join us – book
your free place on
the ride!**

Wednesday 26th July

“The Jo Cox Way” is a 5-day group bike ride from Jo Cox's former Batley & Spen constituency to the Houses of Parliament

Departs:

Princess Mary Athletics Stadium, Liversedge
10am - Wed. 26th July

Local cyclists are welcome to join:

the mainly traffic-free ride to Ossett (led return ride)

OR

the full Day One ride to Derbyshire (organise your return trip)

Please sign-up online: www.letsride.co.uk

Show your support for her values:

'We have more in common than that which divides us' - Jo Cox

**#MORE IN
COMMON**

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www.facebook.com/thejocoxway

DONATE: <http://uk.virginmoneygiving.com/fund/thejocoxway>

To Hull and Back

Wakefield Hospice are organising an endurance ride to Hull and Back this September. Details of the route are set out below.

If you want a challenge this is obviously for you.

The Hospice also needs helpers on the day for marshalling and feed stations.

Contact details are given below.

The 126 mile endurance ride sets off from Wakefield Hospice at 8am on Sunday 3rd September, with the riders having a 12 hour time limit to complete the ride (if a rider averages 12mph this would take 10.5 hours with 1.5 hours for breaks, stops, feeding etc).

The route takes riders through West, North and East Yorkshire taking in some stunning countryside, villages and towns such as Selby, Market Weighton, Beverley and Fairburn. There are 5 feed stations along the route roughly every 20 miles. These are located:

Brayton (near Selby)	approx. 21 miles
Market Weighton	approx. 41 miles
Humber Bridge	approx. 62 miles
Market Weighton	approx. 84 miles
Brayton (near Selby)	approx. 101 miles

Each feed station will be manned by volunteers and will have supplies of fresh water, bananas, sweets and salty snacks to keep riders fuelled for the ride.

The route will be fully sign posted by Wakefield Hospice yellow arrow signs and riders will be issued with a contact list in case they need any assistance enroute. There will be a broom wagon following behind if riders are unable to carry on.

Will you go to Hull and Back for Wakefield Hospice? Entry to this endurance ride is £50 and we ask riders to aim to raise £250 sponsorship. To find out more, or book a place please complete and return the attached entry form or call Jamie on 01924 331406 or visit www.bit.ly/HullandBack



Barnsley Biking

Are you new to riding your bike on the road? Would you like to build your confidence, riding in town but without the traffic? How about riding a closed-road circuit of under a mile, as part of an evening of cycling events?

You're invited to do all this in Barnsley Town Centre next Friday 28 July!

From 4.30-5.30pm you can give our closed-road course a try for yourself, at your own pace before an evening of cycling racing starts.

Individuals and families with children over eight years old will be taking part in the free community ride, when people of all abilities will have the chance to get on their bikes and ride around the course.

Come along and enjoy the ride!

Participants must be wearing a helmet to ride the course.

To register, visit www.letsride.co.uk/rides/barnsley-community-ride.